

## **DO**

### **Take caution when touching.**

Handling your new lashes is easy; you just have to be delicate. Eyelashes are the most delicate hairs the body reproduces so just be gentle.

### **Cleanse eyelashes daily.**

It's so important to cleanse your lashes daily. Eyelashes catch debris and dust from entering into your eyes. If you are not cleansing daily, those debris and bacteria's build up on your extensions.

### **Brush eyelashes daily.**

Keep your eyelashes looking nice and fresh with a little brush throughout the day. Eyelashes should not be force brushed. A little light brush is all you need.

### **Sleep on a silk pillowcase.**

Did you know silk mimics human skin? Cotton cause friction, causing more split ends in your hair and that means damage to your eyelashes as well.

### **Maintain them by getting fills every 2-3 weeks.**

Because of the natural eyelash shedding cycle, you need to maintain your eyelash extensions to keep them looking fresh, fun, nice and even.

### **Take biotin & drink water.**

Maintaining good hair and nail strength is very important in not just your overall health and beauty but in lash extensions as well because the stronger the hair, the less likely the fallout of the lashes.

## **DO NOT**

### **Use waterproof mascara.**

Using waterproof mascara breaks down the bond of the glue, causing the lash extensions to fall out. Most clients prefer not to wear mascara at all because of the benefits of having lush long lashes as soon as you wake up. If you were to use mascara, it would need to go on just the natural lash and be water-based and easy to remove.

### **Use oil-based cleansers.**

When removing eye makeup avoid anything oil-based around your eyes. The oil can break down the adhesive over time.

### **Wet eyelashes for 24 hours.**

The lash adhesive is still setting for the first 24 hours so exposure to water can damage the bond of the glue. You want your lashes to stay on as long as possible so relax for a day. A key to great lashes is keeping them clean and dry!

### **Use heat or steam for 48 hours.**

The bond of the adhesive can break down if exposed to a steamer, sauna, blow dryer or anything involving heat or steam. Make sure to wait the 48 hours so your lashes are perfectly set.

### **Curl, Tint, or Perm your lashes.**

All of these procedures will damage the lash extensions. The extensions were made to curl your natural lashes.

### **Pick or pull on your lashes.**

Natural lashes go through shedding cycles, just like your hair. Eyelashes will fall out, with extensions attached, and a new hair will grow in its place. Picking and pulling on the extensions runs the risk of premature shedding, and there is only so many pulls before the lash won't ever grow back! If you need them removed, just give us a call so we can set up an appointment.